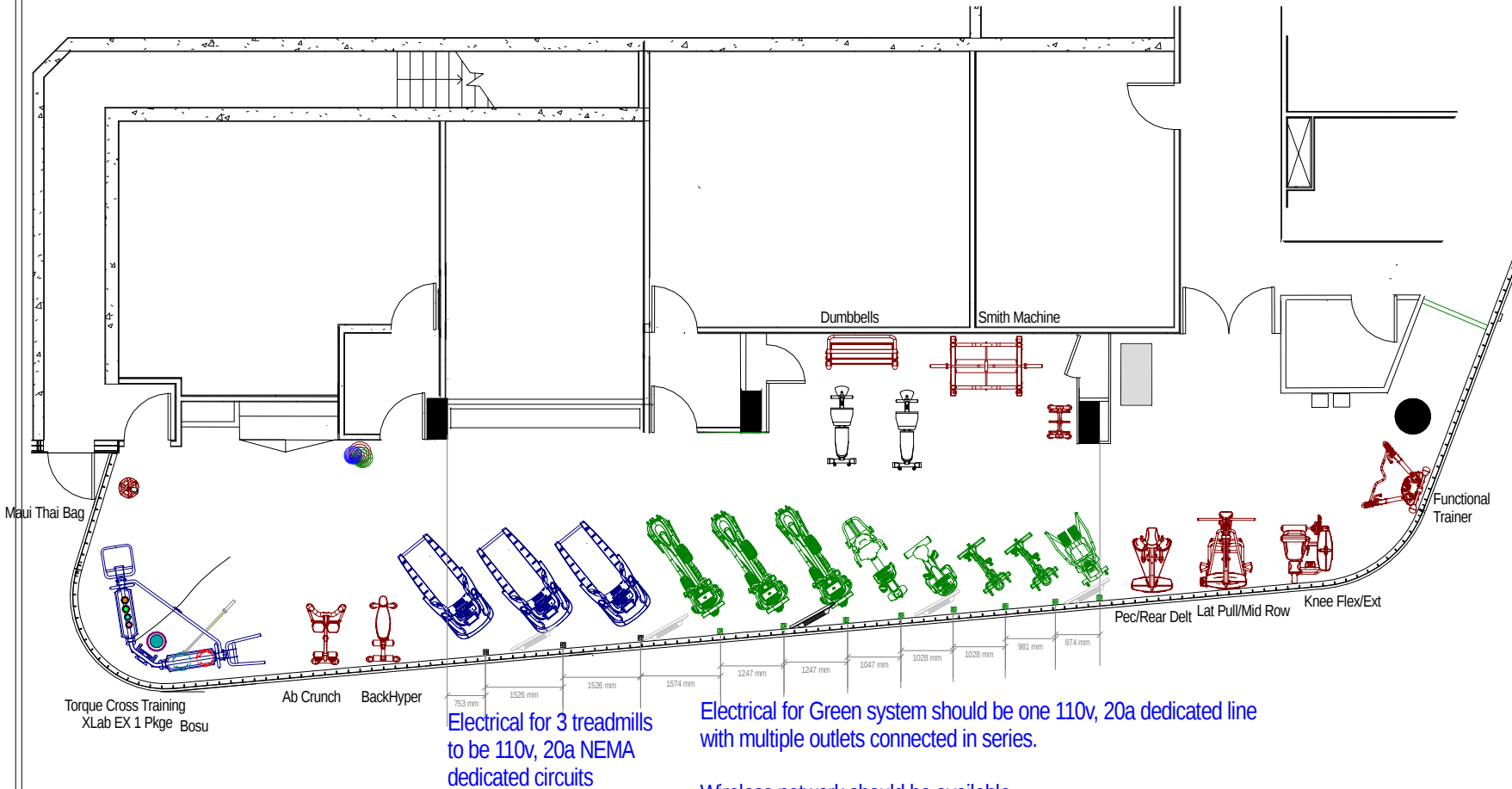


OPTION 3 Green EcoPowr & Crossfit



General Notes

Fitness Equipment

- 3 - T655 Treadmills
- 3 - G875 Elliptical Trainer
- 1 - G572 Recumbent
- 1 - G575e Upright Cycle
- 2 - G510 Spin Cycles
- 1 - G715 Stepper
- 1- DF103 Lat Pull/Mid row
- 1- DF100 Knee flex/ Ext
- 1- DF104 Pec / Fly
- 1-S972 Functional Trainer
- 1- Torque Cross Training
XLab EX 1 Pkge
- 1- Battle Rope
- 1- Ground Barbell
- 1- Kettlebell Set
- 1- Medicine Ball
- 1- TRX Strap
- 2- CoreFX tension Bands
- 2- A991 Adj Bench
- 1- A995 Crunch Bench
- 1-S993 Back Hyper Bench
- 1- PTS Smith Machine
- 1- Plate Rack / Set
- 1- SA Dumbbell Rack
- 1- Rubber Hex Dumbbell set
- 1- Maui Thai Bag and Stand
- 1 - BOSU Balance Trainer
- 3- Stability Balls
- 3- Exercise Mats



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OPTION 3

Firm Name and Address

Tridel
4800 Dufferin St.
Toronto, ON

Project Name and Address

Alexander Park
Spadina Ave &
Queen Str W
Toronto, ON

Project
Fitness Room

Date
April 4, 2014

Scale

Sheet